

# MENTAL HEALTH LESSONS LEARNED FROM “TED LASSO” SEASON 2

July 14, 2022

## Overview:

---

**Partner Heath Cheek is presenting “Mental Health Lessons Learned from ‘Ted Lasso’ Season 2” for the Houston Bar Association.**

### **Date/Time:**

Friday, July 14, 2022  
12:00-1:30 PM

### **Location:**

Houston Bar Association  
1111 Bagby, Suite 200  
Houston, TX 77002

### **Event Details:**

The “Ted Lasso ethos” of empathy and positivity is starting to drive changes in businesses and organizations across the country. This seminar will address the leadership lessons from season 2 of “Ted Lasso” and how they apply to Texas lawyers. Mental health was the theme of season 2, and topics will include “work from home” being normalized, changing generational attitudes towards work/life balance among the millennials, sense of isolation and job performance and job satisfaction.

1.0 hour of MCLE credit available, including 1.0 hour of ethics.

For more information and to register, please click [here](#).



BELLNUNNALLY

## Related Practices

---

Litigation

## Practice Area Contact

---

R. Heath Cheek